

Torrance Tribune

The Weekly Newspaper of Torrance

Herald Publications - Torrance, El Segundo, Manhattan Beach, Hawthorne, Lawndale, & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 3, No. 17 - April 25, 2013

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South Defeated by El Segundo



Jason Brandlin bumps the ball over South blockers. For more photos see page 7. Photo by Shelley Kemp.

Council Approve Transit Center Refresh

By Dylan Little

During the Torrance City Council meeting of April 24, the Public Works Department debuted an update to the plans for the proposed Torrance Transit Regional Park and Ride Terminal at 465 Crenshaw Boulevard to bring the project in line with cost estimates. The City's Transit Department worked with Frank R. Webb Architects to revise an earlier approved design by RNL. According to the staff report, the department utilized Frank R. Webb Architects to "firm up cost estimates as well as finalize the external design elements." Ken Stein, an architect with the company, explained that his firm sought to provide a simplified design that would fit the City's expected budget while still providing a sense of travel. "We came up with... a new fresh approach," said Stein. "We came in with a clean, simple solution to speak to the movement of the buses."

Stein wanted the transit center to serve as "a large living room for the city." Among the design goals for the terminal were to make it welcoming, dynamic and iconic as well as appropriate and budget-conscious. He thinks that the presented design satisfies all these goals. "The project is a great one," said Stein. "It's certainly something the City will be very proud of."

To make the terminal more budget-conscious, the revised plan removes some of the more expensive elements from RNL's initial design. The changes include simplifying the exterior building materials, replacing the fabric canopies with a less costly alternative, removing the metal awnings while still maintaining covered walkways, and reducing the amount of concrete paving in lieu of asphalt paving where necessary. City engineering manager Ted Semaan said the changes should result in over \$3 million in

direct cost savings. "This will bring the cost closer to being inline with the budget at the outset of this project," he said.

Councilmember Pat Furey was pleased to see a more cost-conscious version of the transit center design. Some on the Council were concerned that RNL's concept was too expensive to be realized, but Furey said this version seemed closer to something the City would be ready to build. "I'm

happy we're looking at this as a cost analysis," said Furey. "Finally, we've gotten to the point where we can say, 'Let's move forward.'"

While the revisions removed some of the flashier architectural elements, they would also take away some of the more ecologically friendly elements of the design as well. To save money, the new plans would replace LED

See City Council, page 4

Weekend Forecast

Friday

AM Clouds/
PM Sun

64°/57°



Saturday

Sunny

69°/58°



Sunday

Sunny

68°/59°



Storytime Provides More Than Just Entertainment for Residents

By Cristian Vasquez

Babies, toddlers and their parents gather at the Katy Geissert Library three times a week for 45 minutes of reading, music and fun activities. "I have been coming here [Katy Geissert] for just a few weeks, but I go to other libraries as well," Torrance library patron Lindsay Palomera said. "It is good for the baby and a chance at socialization. She [daughter] also enjoys it because they do storytelling and music, so she does have a lot of fun."

Through the Torrance Library's Youth Services Department, parents and young children are provided an opportunity to attend Babytime, Toddlertime, Family Story Time and Pajama-Rama--all fun educational programs. "The more people come out, the better," Senior Librarian Youth Services Heather Firchow said. "There are similar events in libraries everywhere and they take place on different days. Conceivably you can go to Toddlertime on Monday or come here for Pajama-Rama on Tuesday night. There

is also Pajama-Rama on Monday night at North Torrance branch and Pajama-Rama on Wednesday night at Henderson branch. Babytime and Toddlertime are intended to teach kids early about the importance of literacy. Studies have indicated that reading to children improves literary skills."

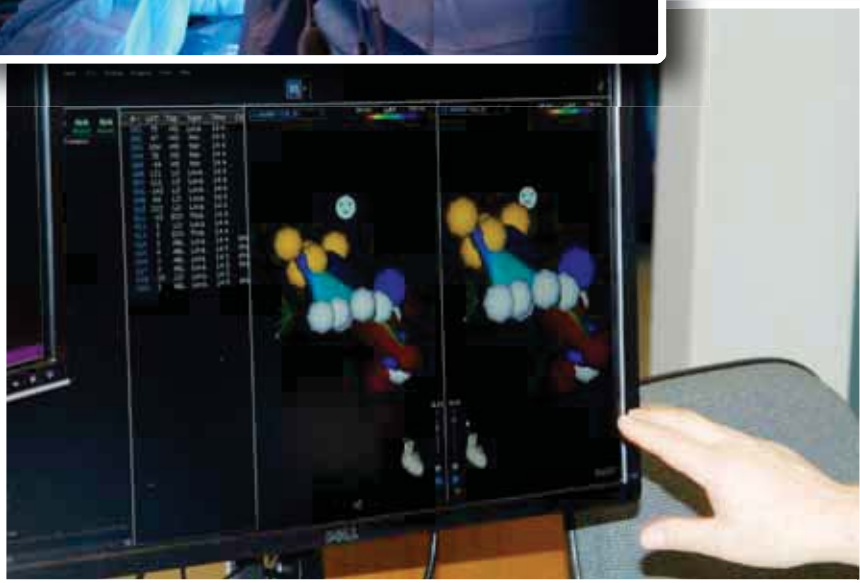
Storytime, the program under which the aforementioned events take place, is scheduled Monday, Tuesday and Wednesday mornings. The spring session kicked off March 25 and will conclude May 20, at which point the library will begin preparations for the Summer Reading Program. "It is an opportunity for the mothers to come out and socialize while exposing the kids to a setting outside the home," Firchow said.

Babytime, designed for infants ages six to 18 months, is made up of lullabies sung by Firchow and is joined by the parents who are engaging with their children simultaneously. Toward the end of the day's activities, toys are brought

See Baby Time, page 3

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Business Briefs

On Becoming Boston Strong By Rick McKenna, Boston, Massachusetts

I don't know who won the marathon this year. Not because of the two violent animals who caused such mayhem, sadness and destruction, but because I never remember



who wins. I just love the spectacle. The hubbub generated by international travelers mingling with the rich, the poor, the college kids and executives never cease to entertain. People lining our streets by the thousands holding banners and sharing well wishes is the first true sign that winter has once again released its icy grip.

It's the same every year. The whirl of impossibly quick wheelchairs. The world-class runners gone before you can even identify from which country they hail. The startlingly quick cadence of thousands of in-sync footfalls thumping the pavement as the runners navigate a gauntlet of colorful spectators, many donning crazy hats and doling

"Their cause, what it is, has been stamped down and sullied by their actions. The end result is that the American Spirit rises to new heights."

out water. Everyone offering up exuberant cheers. Which, by the way, are equal in enthusiasm for both the elite and those who take up the rear. The annual chatter among the marathon experts wondering if an American can finally beat the Kenyans also amuses me. Do I care who wins? Nope, not a bit.

It's a wonder to me what a human body can endure for 26.2 miles. Or its frailty with the eruption of black powder and shrapnel rendering broken bodies, limbs and hearts. On that awful Monday afternoon our lives took a hiatus for 5 days. We watched our favorite news channel. We called and texted our family and friends to make sure they were OK. And in return, we answered countless

inquiries about our well-being. I heard from people as far away as South Africa, the UK and Kuwait. It would be folly to deny that we haven't changed because of the ruthless carnage, we're a little wrier. A little sadder. And quite frankly, really mad.

Despite devouring the news 24/7 and reading and commenting on the endless chatter on Twitter and Facebook, I don't really understand the level of anger, or craziness, that could provoke this type of violence. Their cause, what it is, has been stamped down and sullied by their actions. The end result is that the American Spirit rises to new heights. It's truly a weird feeling to mourn for those who have lost so much and at the same time cheer those who brought it to a close so quickly. All in the same week, heroes and villains have been identified, and all their actions captured live on TV for all to see. It would have been an unbelievable script for an action adventure blockbuster if it hadn't really happened. To all of us.

We Bostonians can be a cold, quirky bunch but don't believe the bluster. The raw emotion we all felt was real and came bubbling to the surface in candid and open ways. Advertising was muted in subsequent days. Politics was put aside, at least for a short while. And the entire country, and world, shared our grief and supported our cause. It was genuine and heartfelt and never to be forgotten.

I don't remember who won this year's marathon, nor will I remember who next year's winner will be. But I do know the Boston Marathon is an annual tradition that

will never end. This year we have all changed. Hopefully for the better. Maybe we're a bit more cautious because a free society by its very nature makes us vulnerable. Our resources have been tested and they came out strong. Our people were tested and they passed with flying colors. We share a common story with so many. We are all stronger in spirit and resolve. We are, after all, Boston Strong.

Rick McKenna is president of Wallwork Curry McKenna, a Boston-based advertising agency serving a roster of national clients in healthcare, technology and financial services. He wishes he coined the term "Boston Strong!"

Calendar

FRIDAY, APRIL 26

- Hardback Book Sale, 2-6 p.m., Katy Geissert Library, 3301 Torrance Blvd.

SATURDAY, APRIL 27

- "What's Up for Kids" Expo, 10 a.m.-3 p.m., Torrance Cultural Arts Center, 3330 Civic Center Drive. For more information call (310) 544-1042.

- Torrance Relay For Life, April 27- 28, South High School. www.relayforlife.org/torranceca.

- Free Beginning Composting Workshop in the City of Torrance, 9:30- 11 a.m., Columbia Park, 4045 190th St. For more information call (310) 781-6900.

- "YMCA Healthy Kids Day@", 9 a.m.-1 p.m., Torrance-South Bay YMCA, 2900 W. Sepulveda Blvd. For more information call (310) 325-5885.

- ABBAMANIA- a rock musical, 8 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

SUNDAY, APRIL 28

- Family Arts Festival, 2 - 5 p.m., Ken Miller Auditorium, 3341 Torrance Blvd. For more information email artscounciltorrance@yahoo.com.

- San Francisco Opera Cinema Series: Otello, 2 p.m. and 6 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

MONDAY APRIL 29

- "Researching U.S. Immigration and Naturalization", 7 p.m. Traveling Library, 7:30 p.m. Speaker, Toyota USA Auto Museum, 19600 Van Ness Ave. For more information contact Judie Rice at judieson@aol.com.

THURSDAY, MAY 2

- "As Long as We're Singing...Come Rain or Come Shine!" performance, 7:30 p.m. at James Armstrong Theatre, 3330 Civic Center Drive. For more information call Donna Lawrence at (310) 539-9123.

FRIDAY, MAY 3

- May Friendship Day "Swinging Wide

the Doors of Hospitality," 10:30 a.m., Riviera United Methodist Church, 375 Palos Verdes Blvd., RB. RSVP by April 29 with names and church affiliation to Jackie at (310) 371-3707.

TUESDAY, MAY 7

- City Council Meeting, 7-10 p.m. City Hall, Council Chamber, 3031 Torrance Blvd. For more information call (310) 618-2870.

- Artful Days: Post-Impressionism: After Monet, 12:10-1 p.m., George Nakano Theatre, 3330 Civic Center Drive. For more information call (310) 818-2326.

WEDNESDAY, MAY 8

- "Do What Moves You" presented by West High Dance Dept. (also May 9 & 10), 7 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

THURSDAY, MAY 9

- South Bay Republican Women Federated Monthly Luncheon Meeting, 11:00 a.m., DoubleTree Hotel, 2133 Hawthorne Blvd. Reservations: Call Vera: (310) 320-1431 or Gloria (310) 326-9340.

UPCOMING

- 14th Annual Senior Faire: Celebrating Older American's Month "Unleash the Power of Age", May 11, 9:30 a.m.-2:30 p.m., Ken Miller Auditorium, 3341 Torrance Blvd. For more information call (310) 781-7171.

- City of Torrance 54th Annual Armed Forces Day Military Concert, May 17, 1:30 p.m. & 7:30 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

- The Pregnancy Help Center's 26th Annual Walk For Life, May 18, starting at 8:30AM from Veterans Park. Online registration is now open: <http://www.MinistrySync.com/event/?e=6078>. For a printed registration form or more information, please contact the Pregnancy Help Center, (310) 320-8976.

ONGOING

- Downtown Torrance Marketplace, Every Thursday, 3 p.m.-8 p.m., on El Prado Street, from Sartori to the Buffalo Fire Department.

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Tuesday, May 28 – 7:30 PM to 9:30 PM

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Monday, July 1, 8, 15, 22 – 7:30 PM to 9:30 PM

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Police Reports

The crimes listed are crimes where a report was taken by law enforcement agency and submitted for investigation. The outcome of the investigation or any criminal court proceeding are not considered when reporting crimes. The crimes are listed as follows: arson, simple assault, aggravated assault-weapon, auto theft, auto burglary, commercial burglary, residential burglary, homicide, strong-arm robbery, robbery with a weapon, theft and vandalism. The City of Torrance, or its employees or agents, shall assume no liability for: 1. Any errors, omissions, or inaccuracies in the information provided regardless of how caused; or 2. Any decision made or action taken or not taken by reader in reliance upon any information or data furnished hereunder.

April 13

Battery-Weapon/Agg: 20700 BLOCK ANZA AVE Suspect threatens victim with a knife.

Burglary-Auto: 2500 BLOCK REDONDO BEACH BLVD Suspect(s) enters vehicle by unknown means and takes property/tote, purse, laptop.

Theft: 24000 BLOCK VISTA MONTANA Suspect(s) takes property from victim's unattended purse/cash, credit cards, ID.

Burglary-Auto: 18700 BLOCK FELBAR AVE Suspect(s) smashes window for entry and takes property/purse.

April 12

Burglary-Auto: 18300 BLOCK ASHLEY AVE Suspect(s) enters vehicle by unknown means and takes property/camera, camera accessories, case.

Burglary-Auto: 17800 BLOCK WILTON PL Suspect(s) enters victims' two vehicles by unknown means, ransacks and takes property/cash.

Burglary-Auto: 2000 BLOCK 178TH ST Suspect(s) enters vehicle by unknown means/no loss.

Burglary-Auto: 2000 BLOCK 180TH ST Suspect(s) enters vehicle by unknown means and takes property/cologne.

Burglary-Auto: 2100 BLOCK 178TH ST Suspect(s) enters vehicle by unknown means and takes property/cash.

Burglary-Commercial: 23300 BLOCK HAWTHORNE BLVD Suspect(s) forces open construction site storage container and takes property/chipping hammers, rotary laser, point laser, nail guns, chop saw, copper fittings, drills.

Burglary-Auto: 2000 BLOCK 178TH ST Suspect(s) enters vehicle by unknown means/no loss.

Theft: 3600 BLOCK 226TH ST Suspect grabs victim's property out of victim's hand and flees/cell phone.

Burglary-Residential: 500 BLOCK VIA MONTE D'ORO Suspect(s) kicks in exterior and interior pedestrian garage doors to enter residence, ransacks, pries open safe and takes property/TV, tablet, computer, cash.

April 11

Burglary-Auto: 22600 BLOCK OCEAN AVE Suspect(s) smashes window for entry and takes property/cell phone, keys, uniform clothing.

Robbery-Strong-Arm: 4100 BLOCK 239TH ST Suspect approaches victim, knocks him unconscious and takes property/cell phone.

Theft: 3200 BLOCK SEPULVEDA BLVD Suspect(s) enters business and takes property from employees.

Burglary-Residential: 1900 BLOCK 234TH ST Suspect(s) enters unlocked and open window while house is being fumigated, ransacks and takes property/jewelry.

Vandalism: M CABRILLO AVE & 236TH ST Suspect(s) tags restroom interior.

Vandalism: 3500 BLOCK MARICOPA ST Suspect(s) shatters victim's vehicle's window with a possible BB gun.

See Police, page 14

Snakes Recovered at Entradero Park

Provided by
Torrance Police Department

On Saturday, April 13, 2013, Torrance Animal Control Officers received information

the ivy near the sump entrance off of Halison Street. All of the snakes are exotic snakes not native to the Southern California area that likely were kept in a home or business

"None of the snakes recovered are poisonous and all of them appear to have been from a private snake collection."

of several snakes and what appeared to be snake containers that had been discarded in the sump area of Entradero Park, 5500 Towers Street, in the City of Torrance.

Animal Control Officers responded to the location and discovered that one live and one deceased snake were in the sump area. Attempts to locate additional snakes were met with negative results at that time.

On Monday, April 15, 2013, Torrance Animal Control Officers were contacted and advised by a citizen that they had recovered an additional snake from the same sump area. Torrance Animal Control Officers responded back to the location, searched the sump area again and located four additional live snakes.

None of the snakes recovered are poisonous and all of them appear to have been from a private snake collection that was abandoned in

for several years by their owner. From the containers recovered, there appears to be two additional snakes from the original number abandoned. While none of the snakes are poisonous, they are all constrictor snakes that could be a danger to small pets.

Citizens are reminded that the willful abandonment of animals is a violation of Penal Code section 597s (a) and will be prosecuted. Any citizens with information on the identity of the snake owner or who have recovered a snake from the sump are asked to contact Torrance Animal Control at (310) 618-3850 or via email at AnimalControl@TorranceCA.gov. This case is being investigated jointly by Animal Control and the Detective Division under the direction of Captain Bernard Anderson, Commander of the Special Operations Bureau. •

City Council

from front page

lighting with alternatives and would remove the proposed solar panels altogether. In total, the changes would bring the project's LEED (Leadership in Energy and Environmental Design) rating down from a platinum rating to a silver or gold instead. Councilmember Cliff Numark was concerned that by increasing the project's carbon footprint, the changes would also increase the cost of operating

Overall, the revisions to the design received a positive reaction from the Council. Although there are still many details to be determined as the project matures, Mayor Frank Scotto said the scaled back plan is a step forward. "I'm encouraged that we are moving in the right direction," he said.

Lastly, Numark and Susan Rhilinger announced their intentions to leave the Council.

"Stein wanted the transit center to serve as "a large living room for the city." Among the design goals for the terminal were to make it welcoming, dynamic and iconic as well as appropriate and budget-conscious."

the terminal. "Are we looking at the total cost of ownership or just the build cost?" said Numark. "If you bake in those costs, is it still a savings?"

Councilmember Tom Brewer shared Numark's concerns. He worried that in the effort to save money, the new designs might ax elements that could potentially pay for themselves (and more) in a matter of years. "We don't want to be penny wise and pound foolish," said Brewer.

Brewer also wanted to make sure that removing the costly elements of the design won't turn the terminal into something too nondescript to function as an introduction to Torrance. "This is something we want to serve as a gateway to the city," said Brewer. "We don't want it to be spartan."

Numark announced that he was seeking a spot on the El Camino Community College Board of Trustees. Trustees are elected in November and if Numark is successful, he will step down from the Council to serve.

Rhilinger stated that she would resign at the end of the current fiscal year, June 30, due to medical concerns. She is staying on to oversee this year's budget approval process as well as to finish her term as Mayor Pro Tem and find replacements for the committees and subcommittees on which she represents the City. She will be moving (at least temporarily) to a small town in Cape Cod, Massachusetts. "I am hoping that the slower pace of life there will help me focus more on my personal needs and allow me to bring my life back into balance," said Rhilinger. •



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Politically Speaking

One Man's Opinion

By Gerry Chong

"Curse you, John Roberts" has to be on Barack Obama's mind. If Chief Justice Roberts had voted predictably with his conservative colleagues, Obamacare would have been ruled unconstitutional and Obama could have moved on to other issues. Instead, by voting to uphold Obamacare, Roberts has cursed the President with the burden of implementing his signature law.

The fact is Nancy Pelosi was wrong. We passed the law, but no one knows what's in it. Containing 2,700 pages and now incorporating 13,000 pages of regulations, its architect, Jay Rockefeller (D-WV) says the law now "is just beyond comprehension." Echoing his concern, Health and Human Services Secretary Kathleen Sebelius told *Politico.com* "no one fully anticipated all the complexities of the federal government's deep penetration into an industry that represents one-fifth of the U.S. economy." Sebelius further explained that rather than costing \$2 billion to create healthcare exchanges, the cost will more than double to \$4.4 billion.

As reported in *Breitbart.com*, the nonpartisan Society of Actuaries says that when fully implemented, medical claims costs will increase by an average of 32 percent. Coincidentally in California, healthcare premiums are projected to increase by 32 percent. And the beat goes on...

Today, as businesses are taking steps to protect themselves against unpredictable increases in health insurance costs, the government is ill-prepared to shoulder the burden it has taken on itself. In Senate Finance Committee hearings on April 10, Americans without health insurance are

finding that they must apply with Health Care Exchanges which then provides data to the IRS. The IRS then determines the applicant's premium and the amount of the federal government's tax credit. One problem is that the net cost to the applicant is 30 percent higher than his prior employer plan. The skimpy nine percent government subsidy is insufficient to make health insurance affordable to most.

Most embarrassingly, the system doesn't work mechanically because the IRS computers are obsolete and will not mate with the Health Care Exchange computers! Senator Max Baucus, another architect of Obamacare exclaimed, "How could this happen? I'm hearing from my constituents that they and their families have been left out in the cold and are without healthcare because the Exchanges are not accepting them"

Senator Bill Nelson (D-FL) said, "My constituents are not going to be happy to hear this administration failed to implement the necessary changes to accommodate healthcare applicants." Senator Ron Wyden (D-OR) exclaimed, "Someone has to pay for this!"

The Wall Street Journal reported that in addition to the 30 million Americans not covered under Obamacare, tens of millions more will be left in the "no healthcare Twilight Zone."

"Curse you, John Roberts." If you had voted this law unconstitutional, we would not be here trying to figure out what the law contains, how to fix its flaws and what the cost and quality impacts on American healthcare will be. As usual, the middle class and the working poor will bear the burdens of ill-conceived government intervention. •

Another Man's Opinion

Limiting Women's Access to Healthcare Hurts Everyone

By Cristian Vasquez

The issue of women's health was a divisive topic during our most recent Presidential election. President Obama and the Democrats from the beginning were in full support of providing access to services that would benefit millions of women across the country. Healthcare services such as birth control,

unable to provide affordable mammograms, HIV testing, mental health services and birth control--which by the way can prevent the need for an abortion--is hard to digest.

Sadly, attempts to eliminate these services continue are unlikely to cease. Organizations and individuals who want to protect the lives of unborn embryos and fetuses have every

"As taxpayers, it is assumed that we are all grown-ups and as such we should be allowed to decide for ourselves."

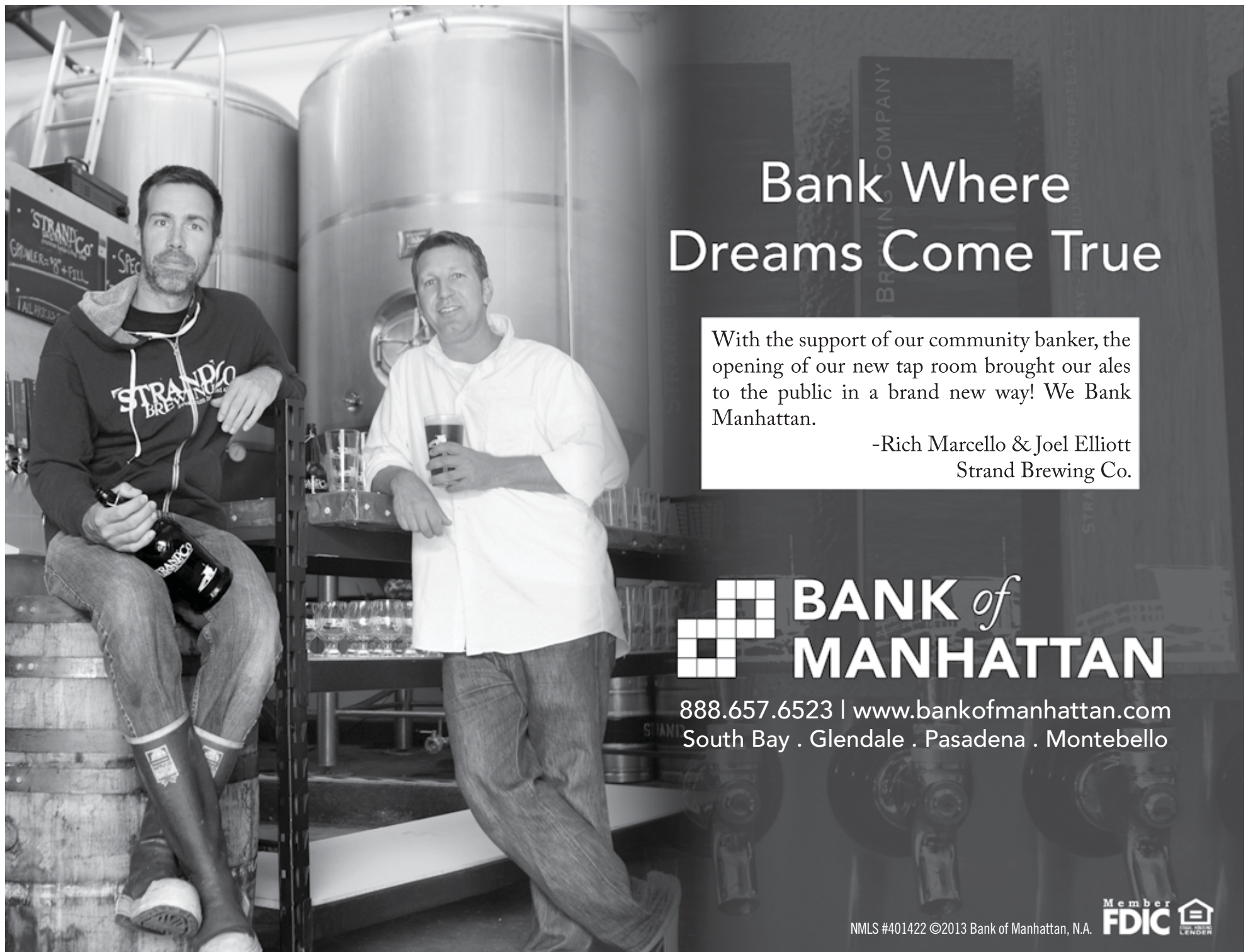
access to mammograms and cervical cancer screenings were just some of the basic needs that the President and his Democratic colleagues sought to make affordable for women. Unfortunately, the opposition came out strong and many times their message took an offensive tone with the help of the many conservative pundits on the airwaves.

A preferred target was Planned Parenthood because of the organization's willingness to perform abortions. Sadly, these conservative pundits used the sensitive issue of abortion to try to shut down one of the nation's top providers in women's healthcare. This is not to dismiss the fact that such a procedure is available at Planned Parenthood, nor is it to demonize or glorify the procedure. The point is that the conservative voices in the media and the Republican leaders that listen to them decided to attack and attempted to cut funding for an entire institution based on one service provided. The logic that a health facility should be completely defunded and be

right to do so. As taxpayers, they have every right to demand abortions be a procedure that their tax dollars not fund. However, taking away the healthcare resources available to millions of women across the country in order to accomplish a moral objective is criminal. Furthermore, the idea of having a male-dominated Congress decide what are viable healthcare options for women is as nauseating as reading William Faulkner in the backseat of a car during a six-hour road trip.

As taxpayers, it is assumed that we are all grown-ups and as such we should be allowed to decide for ourselves. Only children need to be told what to do and how to do it and that is because they live under the roof of their providers. Having these lawmakers that have absolutely no medical expertise whatsoever decide what makes for appropriate healthcare options for any American is absurd. Religious groups and anti-abortion groups can and should make demands that they see fit and moral. If

See Another Man's, page 12




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Sports

Boston Strong

By Adam Serrao

Almost two weeks ago now, the Boston Marathon was the site of one of America's greatest tragedies since the bombing of the World Trade Center in New York. Boylston Street, on that day, was supposed to be a place for celebration--a place that symbolized completion and achievement. Instead, what developed was utter chaos and disaster where because of two degenerate psychopaths, what should have been a feeling of fatigued fulfillment in an instant turned into utter terror leaving three people dead and more than 170 victims wounded. The events that took place that day can never be undone. People's lives will forever be changed

"We don't want the evil people who did this to get the satisfaction of changing the symbol of Boston, which is freedom of movement, companionship, sportsmanship."

from a rippling shockwave that touched every person's heart across the nation. The events that took place, though, will never be forgotten and America stands undefeated. A prevailing sentiment of resilience and the undying will to recover has now been born in the face of disaster--and once again, the United States stands strong. It has been learned that in the face of catastrophe, Americans band together and it is no different this time for Boston. Boston columnist Kevin Cullen put it ever so simply when he stated that the city of Boston only cares about three things in this life: "Politics, sports and revenge." Now in the aftermath, it is sports that will be the power to help get us through this tragedy.

The Boston Marathon has been around since 1897 and is considered to be the oldest continual marathon in existence. Attracting runners from all nations and all states in America, it is one of the, if not the most, popular marathon events in the world. It is important to not let this race nor any sporting event be diminished by the mindless attacks on last week's Patriots Day in Boston. Instead, the world, the nation and the city should come back stronger and fulfill what is an opportunity for renewal and accomplishment. "We don't want the evil people who did this to get the satisfaction of changing the symbol of Boston, which is freedom of movement, companionship, sportsmanship," said Mike Noori, a 52-year-old resident of Atlanta, Georgia who was at the race supporting his wife who ran in honor of her own breast cancer survival. Noori's wife Sina represents a microcosm of why Boston will remain strong and the marathon will go on and most

likely be an emotional scene next year. People come from all walks of life to celebrate their own personal achievements or to run for a cause that means something in particular to them and those around them. It is the sport of marathon running that bonds those who participate and those who are affected around the world together. It's one sport for one cause with one thing in mind: Success.

Though the motivations of the attack remain uncertain, it is clear that they occurred at one of the world's largest and most patriotic athletic events in one of the world's most patriotic cities on an entirely patriotic day that commemorates the beginning of the American Revolution. What is great about the sport of

the marathon is that it represents the ideal of freedom in and of itself. Anyone can enter of any age, any gender, any ethnicity or creed from elite runners to novices and those who share handicaps. There is no ticket that must be bought to watch and support those who are undertaking the feat. There is basically no barrier that separates the competitors from their fans. That same openness may in fact be what made the marathon such a target--but if the attack was meant to weaken the freedom that the race represents, it will fail miserably.

The 2014 Boston Marathon will indeed be one of the biggest marathons in the history of the sport. The amount of competitors entering the race will more than likely exceed the largest amount ever recorded. The amount of fans present to cheer on the competitors will pack and line the streets. Victims of this week's tragedy will undoubtedly return to finish that which they have started, once again instilling the feelings of jubilation, completion and success that were so effortlessly robbed from them this year. Sport will persist. The activity of sport will bond us all together once again as it has already done in the days almost immediately following the bombings. Perhaps Boston's biggest rival, New York, won over the hearts of Red Sox nation everywhere as it dedicated a moment of silence and the singing of the Fenway Park favorite *Sweet Caroline* to stand in support. At a Boston Bruins game, Renee Rancourt took center stage to sing the *National Anthem*. Soon after he began, the crowd chipped in and in unison continued with and finished the anthem in a way that, upon watching, anyone with a

See *Boston Strong*, page 12

Up and Adam

South Looks Strong in Sweep

By Adam Serrao

The South High Spartans know when to play and when to coast this season. In other non-league matchups earlier in the season, the Spartans have looked like somewhat of a shell of themselves. A shutout against West High, a loss to Los Alamitos and a two-game sweep by Harvard Westlake sent the Spartans to four of their seven losses this season. When it comes down to it, though, South knows when to break out the bats and let loose with the pitching. The Lawndale Cardinals were the victims and the Spartans made quick work of their division foe by winning in back-to-back games by a combined score of 25-1. A 9-0 shutout in game one was followed by a 16-1 shellacking of Lawndale as the Spartans exerted their dominance and showed why they are battling for the top spot in the Pioneer League standings this year.

When it came down to it, the Lawndale Cardinals just couldn't get to Matt Mogollon, the ace junior pitcher for the South High Spartans. South has leaned on Mogollon all season long to be the head of the pitching staff and he didn't let the team down in this one. Lawndale had its opportunities to get

has South (13-7, 3-1) sitting all alone in first place in the Pioneer League, just above El Segundo and North High. The Spartans open up a two-game series against the Saxons later this week before they close the season out against El Segundo, so they will have to finish strong if they want to make a push going into the playoffs.

TORRANCE HIGH

In much the same way that the Spartans swept Lawndale, El Segundo swept Torrance in a two-game set that took place last Wednesday night and last Friday night. The Tartars were finally able to get a run on the board in game two of the series, after being shut out 3-0 in the opener. Though Torrance was able to score, its one run didn't come until late into the game as the team struggled against El Segundo's starting pitcher Willem Mostert. Mostert pitched 5 1/3 innings, allowing just the one run on two hits with two strikeouts as Torrance managed just one run and seven hits in the entire two-game series. El Segundo didn't break the game open until the sixth inning. Starting pitcher Kyle Mitchell, who has been throwing well this season, held the Eagles to just one run through five innings until the advantage quickly ballooned to a

"When it came down to it, the Lawndale Cardinals just couldn't get to Matt Mogollon, the ace junior pitcher for the South High Spartans. South has leaned on Mogollon all season long to be the head of the pitching staff and he didn't let the team down in this one."

the lead early as starting pitcher Jesse Garcia held the Spartans scoreless in the first two innings. From there on out, however, it was a field day for South. With one run in the third, four in the fourth and another three in the sixth, Mogollon had all of the run support that he needed to knock off the last place Cardinals. Cruising to a two-hit, six inning shutout, Mogollon recorded seven strikeouts on the night in the league victory. Nick Cohan led the team on offense, going two for four with three RBIs for the Spartans. It was an all-around team effort, though, as Konnor Provin also recorded two RBIs and scored a run and Perry Richmond went two for three with a run scored.

It was more of the same in game two for both teams, but it just got a little bit uglier in South's favor. Kyle Henmi was the offensive juggernaut in this one, going four for five with three doubles and three RBIs to lead the Spartans to a 15-run win. Perry Richmond and Mike Esparza were also three for four on the night, accounting for five more RBIs in the blowout. The sweep

5-0 lead after two straight errors, three hits and a wild pitch.

The loss for Torrance marked its sixth in the last seven games with the lone victory in that amount of time coming against the Spartans. The Tartars (7-12, 1-3) will take on Lawndale and Centennial before they end their season against the North High Saxons.

WEST HIGH


The West High Warriors have been struggling to get back to the winning side of things this season, but were able to come away with a key league victory against Peninsula last Wednesday night at Peninsula. The Warriors scored early and often in the matchup, taking a 3-0 lead into the bottom of the fifth inning. Midway through the seventh, West was up 7-2 and looked to be in complete control of the game. In the bottom of the seventh, Kevin Olde slammed a three-run home run over the wall to bring Peninsula within one run. The game-tying run was coming around the base paths for

See *Up and Adam*, page 12

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Sports

South Defeated by El Segundo

Photos by Shelley Kemp

The South Torrance Spartans Varsity Boys Volleyball team played a five game match against the visiting El Segundo Eagles, but lost the great rivalry 3-2. The Eagles took down the Spartans in the first two games, 25-22 and 25-20. The Spartans then came back to threaten the Eagles with two wins, 32-30 and 25-23, sending them into a fifth

game. In the fifth game, although El Segundo gained a 5 point advantage right away, the tenacious South squad came back to tie the game 9-9 and then once again 13-13. In the end however, the Eagles carried the game with two kills to win 15-13. Outstanding play for the Spartans was by Chris Wulpurn (14 kills), Josh Riblett (13 kills) and Milosh Stojic (47 assists).



Junior Chris Wulpurn sails the ball past El Segundo's setter Adam Bottomly to score.



Senior Kenchi Hackman fires the ball back into El Segundo's territory for a point.



Bradley Koda, Junior for the South Spartans, sets the ball.



Junior Josh Riblett slams a spike at El Segundo defenders.



Junior Daniel Hart spikes the ball past an El Segundo blocker.

TerriAnn in Torrance

An American Story

By TerriAnn Ferren

In America, we call ourselves a melting pot and the proof of that is the wonderfully diverse and varied cultures we see all around us. The other day, I spoke with a woman who came to this country and brought the honest, gentle and admired part of her culture with her.

Yuka Obayashi immigrated to the United States from Japan at the age of 23 in April 1994. Born in Utsunomiya, just north of Tokyo, Japan, she told me that she had moved around a lot when she was growing up. Before coming to the States, she traveled to Fiji and Guam. I asked her what drew her here and she said, "I always wanted to see something I've never seen before and I knew I was going to go somewhere." I asked Yuka what she did in Guam and she told me she worked as a Police Report Translator. I thought this was an interesting job and she said she has always enjoyed translating. In

they gave me this beautiful house in PV. It was wonderful. It was the best house I've ever been in. It was a huge five-bedroom house. Gorgeous." Yuka then told me she lived in that house for one year, along with two roommates. After that, she moved to Torrance. Yuka married and has two boys, Eric (Yuta is his Japanese name), who is 15 years old and attends West High School, and Ryan (Shota, his Japanese name), 10 years old, who attends Victor Elementary School. "Torrance is a wonderful city," added Yuka. I love Torrance. Torrance is very quiet and I like the fact that a lot of people live in Torrance for generations. Both of my boys were born in Torrance and since I moved a lot [as a child in Japan], I don't want to move around. I want my boys to have kids they grow up with and local friends."

Then Yuka related to me an amazing true story that happened to her one day. "When I came here, I still carried my Japanese

laugh at us. One of the police officers told us, 'Okay, did you guys drive?' And we said yes and he said, 'Go this way and make a right and there is a coffee shop--and go get some coffee!' 'We can keep this?' and he

they e-mailed me back and I started. They sent me this 'test article' to translate. It was kind of a challenge honestly because it was something against Japan, so I guess they were testing me--something against [the] Japanese

"The love Yuka Obayashi showed by taking the simple \$20 bill that she found and turning it in showed love for a person she didn't even know. In the end, her reward was more than money. Solidly set in her integrity, she is an example of honesty to her sons and everyone who hears her story."

said, 'Yes, that is okay!' We were shocked." At this point, Yuka was laughing at herself and was embarrassed at how she must have appeared to the police officers. But I wasn't laughing. As I looked at this honorable, gentle woman, I saw a person of integrity who did what she knew to be the right thing. Have we become so callused that we look at Yuka as a "throwback" to a more gentle time?

After telling me her story with the \$20 bill, Yuka added that one of her roommates had an American boyfriend who after hearing the story said he couldn't believe that the young woman went to the Police Department for \$20 and he thought it was funny. Funny? Really?

At this point, I wanted to find out more about this remarkable woman. Turns out she also donates her time using her exceptional translation skills. Two years ago, Yuka was searching the Internet for somewhere to volunteer after reading a news article that touched her heart. She found the perfect job. "I do translation for *Amnesty International*," she said. "I was always doing volunteer work translation for foster families--foster parents. It started when I was in Japan a long time ago. Let's say Japanese foster parents need to support children in other countries. And they write to each other. Sometimes let's say a certain area in Africa only certain tribes speak the language, so we had to have five to six translators in between. I don't know how accurate my translation was, but I translated from English to Japanese or from Japanese to English. So I e-mailed them and

government and I could get offended, so I guess they did that on purpose if I could translate without my opinion." In the end, Yuka passed the test and she began receiving articles from London to be translated from English to Japanese and then placed on the *Amnesty International Japan* website. She told me it takes her three to five days to translate the long articles and it wasn't until recently that she found an online picture of the person that she sends her translated articles to for the website.

After spending time with Yuka, I reflected on my own great-great-grandparents' immigration to this country and the culture they brought with them. We are all connected by blood to our relatives and ancestors, but in a way we all connect to each other, to our friends and to those we meet every day. What is it they say about everyone being connected by degrees of separation? Maybe that is true or maybe we are connected together by something else. Maybe the love we have for each other. The love Yuka Obayashi showed by taking the simple \$20 bill that she found and turning it in showed love for a person she didn't even know. In the end, her reward was more than money. Solidly set in her integrity, she is an example of honesty to her sons and everyone who hears her story.

Her coming to this country, specifically to our town, has made us a bit more honest, a touch gentler and a lot richer. Welcome to Torrance, Yuka Obayashi. •



Japan, students are taught English in the seventh grade and Yuka picked up English dialogue quickly.

How did Yuka end up in Torrance? Her answer to me was, "When I came here I was living in Palos Verdes because I got an apartment still in Japan, but the landlord accidentally overbooked--so when I came here, the previous tenant was still there so

culture," she said. "Me and two other friends, we found this \$20 dollar bill on the grass on Anza Avenue and Spencer Street. So we took it to the TPD [Torrance Police Department] because we found money. That is what we do in my country. And then we saw two police officers standing, so we told them we found \$20 bill and we want to turn it in and then they were trying their best not to

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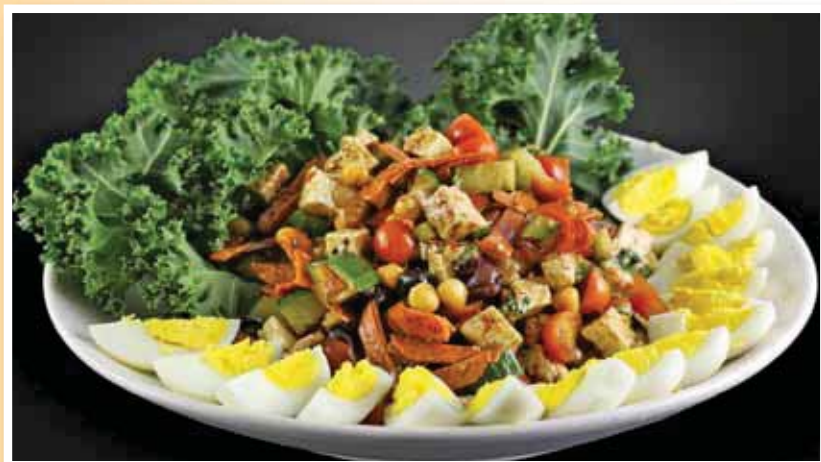
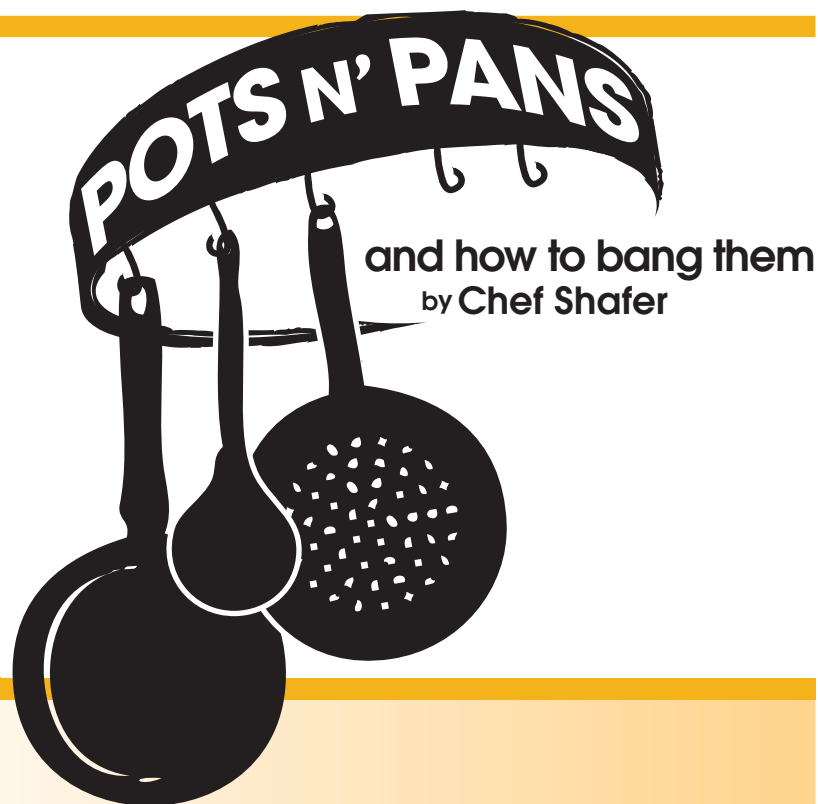
Last week at the Depot we had our monthly cooking class and the topic was salads. Growing up in an Italian neighborhood, I was introduced to what we called a cold antipasto salad.

Antipasto (plural **antipasti**), often spelled and/or pronounced as **antipasta**

(antipasta salad), means "before the meal" and is the traditional first course of a formal Italian meal. Traditional antipasto varies from one area to another but they are always a great way to start.

Every Italian deli has their own version of this tangy chilled dish, and the following is mine. Bouno apetito!

The Chef



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Chilled Antipasto Salad

- 1 cup diced tomatoes, or cherry tomatoes, cut in half
- 1 cup diced cucumber
- 1/4 cup diced red onion, very fine
- 1 can garbanzo beans
- 1 cup diced Parmesan cheese, or you can use mozzarella or feta if you like
- 1 pound chopped hard salami, or other sausages or prosciutto cut into julienne strips
- 1/2 cup chopped kalamata olives
- 1/8 cup olive oil
- 1/8 cup balsamic vinegar
- 6 to 8 basil leaves, ripped

Garnish
3 hardboiled eggs peeled and cut into wedges

Mix all the ingredients together in a bowl then chill. Place on a platter with the hardboiled egg wedges as a garnish. •

Looking Up

A Ghostly Green Bubble in Space

By Bob Eklund

This intriguing new picture from ESO's Very Large Telescope shows the glowing green planetary nebula IC 1295 surrounding a dim and dying star located about 3,300 light-years away in the constellation of Scutum (the Shield). This is the most detailed picture of this object ever taken.

Stars the size of the Sun end their lives as tiny, faint and extremely dense white dwarf stars. But as these stars make the final transition into retirement, their atmospheres are blown away into space. For a few tens of thousands of years, they are surrounded by the spectacular and colorful glowing clouds of ionized gas known as planetary nebulae.

This new image from the VLT shows the planetary nebula IC 1295, which lies in the constellation of Scutum (The Shield). It has the unusual feature of being surrounded by multiple shells that make it resemble a microorganism seen under a microscope, with many layers corresponding to the membranes of a cell.

These bubbles are made of gas that used to be the star's atmosphere. This gas has been expelled by unstable fusion reactions in the star's core that generated sudden releases of energy, like huge thermonuclear belches. The gas is bathed in strong ultraviolet radiation from the aging star, which makes the gas glow. Different chemical elements glow with different colors and the ghostly green shade that is prominent in IC 1295 comes from ionized oxygen.

At the center of the image, you can see the burnt out remnant of the star's core as a bright blue-white spot at the heart of the nebula. The central star will become a very faint "white dwarf" and slowly cool down over many billions of years.

Stars with masses like the Sun and up to eight times that of the Sun will form planetary nebulae as they enter the final phase of their

existence. The Sun is 4.6 billion years old and it will likely live another four billion years.

Despite the name, planetary nebulae have nothing to do with planets. This descriptive term was applied to some early discoveries because of the visual similarity of these unusual objects to the outer planets Uranus and Neptune, when viewed through early telescopes, and it has been catchy enough to survive. But even early observers such as William Herschel, who discovered not only Uranus but also many planetary nebulae, knew that these nebulae weren't actually planets orbiting the Sun, as they did not move relative to the surrounding stars. These objects were shown to be glowing gas by early spectroscopic observations in the 19th Century.

This image was captured by ESO's Very Large Telescope, located on Cerro Paranal in the Atacama Desert of northern Chile, using the FORS instrument (FOcal Reducer Spectrograph). Exposures taken through three different filters that passed blue light (colored blue), visible light (colored green), and red light (colored red) have been combined to make this picture.

ESO is the foremost intergovernmental astronomy organization in Europe. It is supported by 15 countries: Austria, Belgium, Brazil, the Czech Republic, Denmark, France, Finland, Germany, Italy, the Netherlands, Portugal, Spain, Sweden, Switzerland and the United Kingdom.

ESO operates three observing sites in Chile: La Silla, Paranal and Chajnantor. At Paranal, it operates the Very Large Telescope, the world's most advanced visible-light astronomical observatory, as well as two survey telescopes. ESO is currently planning the 39-meter European Extremely Large optical/near-infrared Telescope, the E-ELT, which will become "the world's biggest eye on the sky."

Image: <http://www.eso.org/public/news/eso1317/>

Baby Time

from front page

out for the infants to play with and to socialize among themselves, under parental supervision. Toddlertime, tailored for children 18 months to three years old, follows the same approach format except that Firchow engages the children to respond to what she is doing by encouraging kids to sing along or to respond to greetings.

"It is just really nice as a mom--you need to get out of the house and be around other parents who are experiencing the same thing," Palomera, who attends with her eight-month-old daughter, said. "That way if you have doubts or questions, you can ask. I will try to

The library also provides an array of teen programs that take place Thursdays and Fridays and include afterschool opportunities for students. Firchow, who oversees the operations and delivery of youth library services to patrons, manages and trains professional and paraprofessional staff. She attributes the success of the youth library services to the hard work and collaboration between Evan Coates, herself and the entire staff, including the volunteers who give of their time.

"Evan's [Coates] presence has made the number of teens attending the library

"Babytime, designed for infants ages six to 18 months, is made up of lullabies sung by Firchow and is joined by the parents who are engaging with their children simultaneously."

enroll her in as many activities as possible."


At the end of the spring session, preparations for the Summer Reading Program, which runs from June 2 to August 9, begin to take place. The Summer Reading Program is designed for kids to register to track their reading times during their long break from school. The program is promoted via the Torrance Unified School District and its schools, which encourage their students to sign up. Since the library is celebrating its centennial year, staff hopes that more people register and become involved with library activities.

"Summer is really made to help kids who are not in school so that they do not digress," Firchow said. "A library is supposed to be a place where we are here to help the people in the community come get what they need, whether it be some information, or a programming need or even entertainment--our DVD selection is exceptional."

skyrocket," Firchow said. "I was a teen librarian and I wanted our numbers to go up and thought that more creative programs would help. Evan has been doing a great job at running these programs. We also have to credit him with creating relationships with the teens because when he is not here, the teens are asking 'Where is Evan?' And that is just great."

In addition, Firchow appreciates the funding provided by the Friends of the Library, who continue to raise monies to sponsor a wide range of programs. "Because I already do three storytimes a week and because I facilitate the musical mornings Saturdays and sometimes I also facilitate the afterschool program, it is a lot of work," Firchow said. "Yet, it is a great job. I love it and you get a great feeling for the community by doing what we do."

For more information about programs, persons interested can contact the Youth Services at (310) 618-5964. •



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Finance

Maximize Your Disabled Child's Government Aid

By Jason Alderman

Parents of special needs children have enough on their plates just tending to the health, educational and emotional needs of their kids – not to mention often having to cope with drastically lowered income because of reduced work hours or having to pay someone else for childcare. So it's not surprising



qualifies for Social Security benefits.

Eligibility rules and definitions for SSI and SSDI are complex. To see if your child qualifies, call Social Security at 1-800-772-1213, or search the Disability and SSI tabs at www.ssa.gov. One particularly helpful resource is "Benefits for Children with Disabilities," SSA Publication No. 05-10026.

that many of these parents haven't had time to hatch a long-term financial plan in case their kids need care after they're not around.

Fortunately, many government programs and community resources are available to help relieve the financial burden of parenting special needs children. But eligibility criteria are complicated and the application process time-consuming. Plus, if you're not careful, you or well-meaning relatives could inadvertently disqualify your kids for future benefits by not structuring their inheritances correctly.

Here's a brief overview of key government assistance programs:

The Social Security Administration provides two types of disability coverage: Supplemental Security Income (SSI) and Social Security Disability Income (SSDI). Rules and eligibility requirements differ between the two programs – and benefits differ for children and adults.

In a nutshell, SSI is a needs-based, cash-assistance program for disabled people of any age in low-income families with limited resources. Children qualify for SSI benefits if they meet certain strict criteria outlined in SSA Publication 05-11000 (www.ssa.gov/pubs/11000.html).

SSDI is a separate program funded by payroll deductions (part of FICA). Although children sometimes receive SSDI payments if their parents are disabled, their eligibility is based on their parents' disability status, not on their own. However, after turning 22, already disabled children may qualify for SSDI on their own if at least one parent

Many families inadvertently jeopardize their disabled child's eligibility for government-provided benefits by opening accounts in the child's name or designating them as beneficiaries. Unfortunately, federal law dictates that recipients of SSI, Medicaid and many state assistance programs will be disqualified if they have resources worth over \$2,000. So, if Uncle Jerry leaves your daughter \$10,000 in his will, she could lose her benefits.

One good alternative is to create a special needs trust, whose assets can be used by its trustee to manage the finances and personal effects of a disabled person. Trusts are governed by state laws and should only be drafted by an attorney familiar with this area of law.

Some parents name the trust as beneficiary of life insurance policies to ensure a source of funding if they die before their child. (Stay current on your premiums.) Other possible funding sources include cash, stocks and other investments, retirement plan death benefits, home sale proceeds and inheritances from other relatives and friends. Just make sure that the trust – not the child – is named beneficiary.

Preparing a special needs trust can be expensive – possibly several thousand dollars, depending on your situation. But weigh that against the prospect of your child losing out on a lifetime of government-provided benefits because of an accidental inheritance – speaking of which, be sure to let any well-meaning relatives or friends know about the trust. •

Seniors

How Medicare is Improving Coordination of Your Care

By David Sayen

If two mechanics are working on your car, but they're not talking to one another, the results may not be so good.

Likewise, if a baseball coach doesn't communicate well with his players, he's not likely to win as many games as he could.

Good coordination can improve outcomes in all sorts of human activities. Health care is no exception.

That's why Medicare places so much emphasis on getting doctors and other health care providers to work together more closely and to share information on their patients.

For one thing, Medicare is encouraging the formation of accountable care organizations, or ACOs.

An ACO is a group of doctors and other health care providers who agree to work together and with Medicare to give you the best possible care by making sure they have the most up-to-date information about you. ACOs are designed to help your providers work together more closely to give you a more coordinated and patient-centered experience.

If you have Original Medicare and your doctor has decided to participate in an ACO, you'll be notified of that, either in person or by letter, and the ACO may request your personal health information to better coordinate your care. You'll have the option of declining to have your Medicare claims information shared with the ACO.

Your Medicare benefits, services, and protections won't change. And you still have the right to use any doctor or hospital that accepts Medicare at any time, just as you do now.

For more information, visit www.medicare.gov/acos.html or call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

Medicare also gives financial incentives to doctors and other providers who adopt health information technology. Health IT can help



manage your health information, improve how you communicate with your health care providers, and improve the quality and coordination of your care.

These tools also reduce paperwork, medical errors, and health care costs.

One example is electronic health records, or EHRs. These are records that your doctor, other health care provider, medical office staff, or a hospital keeps on a computer about your medical care or treatments.

EHRs can help lower the chances of medical errors, eliminate duplicate tests, and may improve your overall quality of care.

Your doctor's EHR may be able to link to a hospital, lab, pharmacy, or other doctors, so the people who care for you can have a more complete picture of your health. You have the right to get a copy of your health information for your own personal use and to make sure the information is complete and accurate.

Electronic prescribing is another way to coordinate and improve care delivery. It allows your doctor (or other health care provider who is legally allowed to write prescriptions) to send your prescriptions directly to your pharmacy.

Electronic prescribing can save you money, time, and help keep you safe. You don't have to drop off and wait for your prescription. And your prescription may be ready when you arrive.

Prescribers can check which drugs your insurance covers and may be able to prescribe a drug that costs you less.

Electronic prescriptions are easier for the pharmacist to read than handwritten prescriptions. This means there's less chance that you'll get the wrong drug or dose.

And prescribers can be alerted to potential drug interactions, allergies, and other warnings.

David Sayen is Medicare's regional administrator for Arizona, California, Hawaii, Nevada, and the Pacific Territories. You can always get answers to your Medicare questions by calling 1-800-MEDICARE (1-800-633-4227). •

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Upcycling: Breathe New Life Into Decor With A Dash of DIY Inspiration

(BPT) - If you've ever looked around your house and gotten the urge to purge, you might consider pausing and first thinking about how you could transform that old, damaged piece of furniture or outdated light fixture into a fresh-faced showpiece for your home.

Not only are you doing something good for the environment - and likely your pocketbook

your home that you'd like to restore.

Shop around without breaking the bank. Decorating your home doesn't have to cost a fortune. Look around your basement, attic, or at yard sales and consignment shops for free or inexpensive items that you might be able to breathe new life into. The old adage "never judge a book by its cover" would

"Not only are you doing something good for the environment - and likely your pocketbook - by restoring something, you're embracing your inner creativity."

- by restoring something, you're embracing your inner creativity. You can make a truly one-of-a-kind decor piece, tailored to your personality and style.

This notion of restoring and reusing items that would otherwise be cast aside to the junkyard or thrift store is called "upcycling," and it's a trend that has caught on quickly, especially in home design. With a little inspiration, creativity and the right tools, you can tackle countless decorating projects with things you already have around your home. And the best part? Upcycled pieces make for great conversation starters, often tell a good story and can even be sold for a much higher price than you put into them.

So where do you start? Here are some helpful tips for tackling your own upcycling projects.

START WITH A LITTLE INSPIRATION

Take a look through magazines, home design blogs and websites to gather inspiration. Look for pieces that catch your eye and have the same structure and "bones" as the items in

apply here. Do your best to look beyond an item's current condition and let the inspiration you've gleaned take over as you see its full potential in a different light. If the piece has some defects, don't immediately overlook it. Sometimes perfection and personality can be found in the imperfection.

SECRETS OF UPCYCLING SUCCESS

The secret to any do-it-yourself project is to plan ahead. Beyond finding the inspiration for a project, gather the supplies and tools you'll need, read up on step-by-step instructions, dedicate a roomy workspace where everything is at your fingertips, and be sure to carve out time to focus on the project.

But the No. 1 secret of upcycling success is to be patient and not get discouraged. If at first you don't succeed, try, try again. It's OK to make mistakes because sometimes you'll uncover hidden beauty during the process. The important part is that you find the whole experience of restoring and reusing rewarding. •

Another Man's

from page 5

they would never in a million years consider an abortion, that is amazing. That deserves much respect and love for their decision.

Still, their moral values and standards are not universal and don't apply to every American. So, their beliefs should not be imposed on every citizen. In addition, their opposition to such a procedure should not take away the many other healthcare resources provided by Planned Parenthood. Congratulations to

President Obama for defending women's access to healthcare, for allowing women to decide what healthcare options suit them best—and most importantly for reminding the country that women can make their own choices. Not every woman who walks into Planned Parenthood is having an abortion, but every woman who walks through the door is receiving healthcare. And to deny healthcare to any individual is truly immoral. •

Boston Strong

from page 6

heart and a soul would have gotten goose bumps. From baseball to hockey, marathon running and back, sports rekindle a sense of patriotism and honor where it otherwise may have eerily been absent.

These are the things that sports do for us. As fans, as people and as Americans, athletic competitions have a way of bringing us all together and uniting us as one nation. What has been done cannot be undone and many among us will go on with their lives having been changed forever. The process

of mending has begun, however, and soon the pain will cease to exist. We will all try to get over the horrific events that took place on that Monday morning in April, but they will never be forgotten. Hopefully soon, some semblance of an answer to the question, "Why?" will arise so that some sort of closure may be attained, but until that time let us realize how much the power of sport plays in that healing process. May we all stand united and let no one say that sports don't matter. •

Up and Adam

from page 6

Peninsula after a Billy Delpit single reached Kevin Clausen in right field. Clausen tossed the ball in and picked off Jackson Hollis trying to score from second base to save the game for his team, taking the ultimate 7-6 victory. Despite the win, the Warriors (12-10, 1-3) have dropped from first place at the beginning of the season all the way down to fifth in the Bay League standings. With only six games left in the season, West will have to go on another one of its win streaks if it wants to get any real playoff consideration.

NORTH HIGH

The North High Saxons figure to challenge

the Spartans for dominance atop the Pioneer League, but took a hit with a tough loss against Centennial last Friday night to split a two-game set between the two division rivals. Centennial scored at least once in every single inning to overtake the Saxons by a final score of 13-12 on the night, sending North to its first loss in 10 games. A minor setback for the Saxons (14-7, 3-1), they will now have the opportunity to gain ground on the Spartans when they take on their cross-town rivals in a two-game series starting this week. The winner figures to jump out to a big advantage down the stretch in the Pioneer League standings. •

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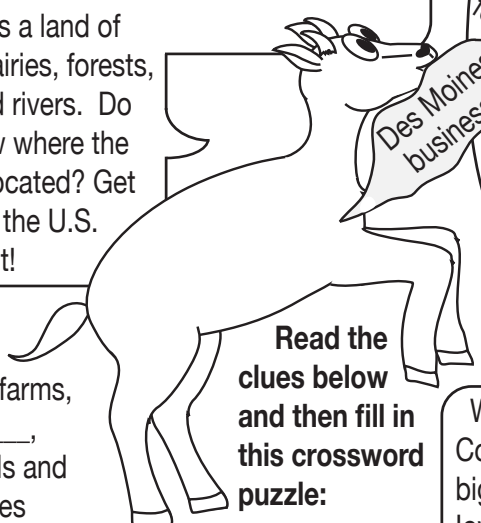
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In 1846, Iowa became the 29th state to join the United States of America. It is also the 29th coin in the 50 U.S. state quarters series that people all over the country have been collecting. If you have a quarter honoring Iowa, take a good look at it. What picture is on the coin?

Iowa is a land of green prairies, forests, lakes and rivers. Do you know where the state is located? Get a map of the U.S. and find it!

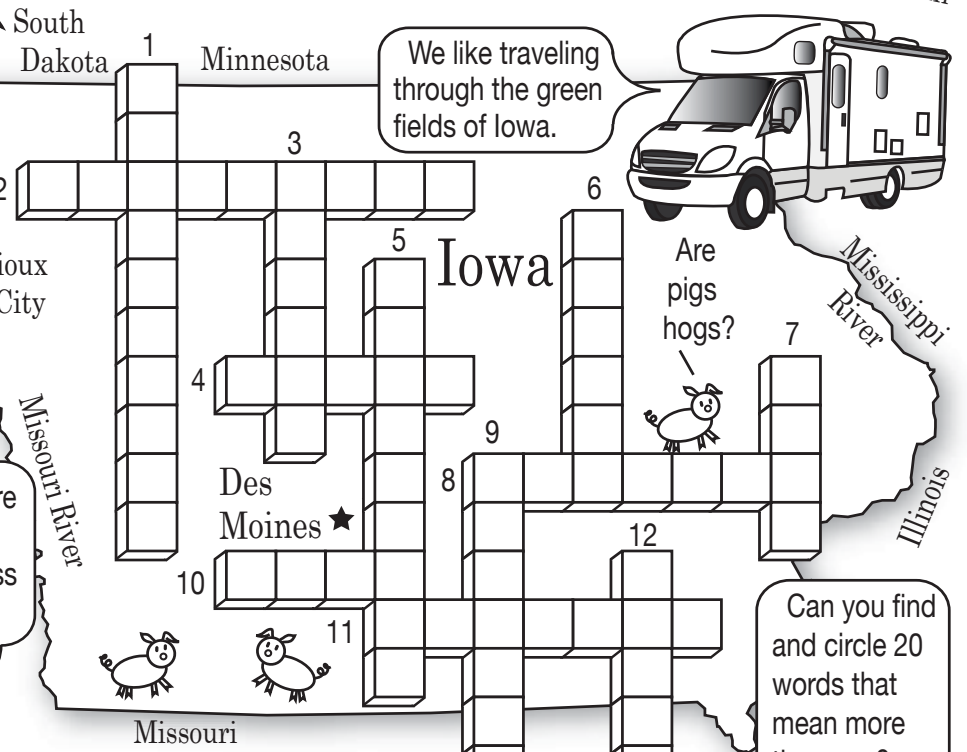


Read the clues below and then fill in this crossword puzzle:

- lowans work on farms, in _____, in schools and in factories
- is the capital
- is named for a river that bears the name of an _____ (Native American) tribe
- years ago, Indian tribes traveled north in the spring to Minnesota to gather sap from _____ trees
- the eastern _____ is the state bird
- has a hot, muggy (humid) _____
- state flower: wild _____
- has plains, tall prairie grasses and _____
- one of the country's important _____ areas

- 1/5th of the country's _____ is grown in Iowa (20%)
- is well-known for manufacturing _____ in Winnebago County
- known for producing the first _____
- learning to _____ and getting a good education are very important to lowans
- is the only state whose eastern and western boundaries are formed by _____
- state tree

Let's Visit: Iowa!

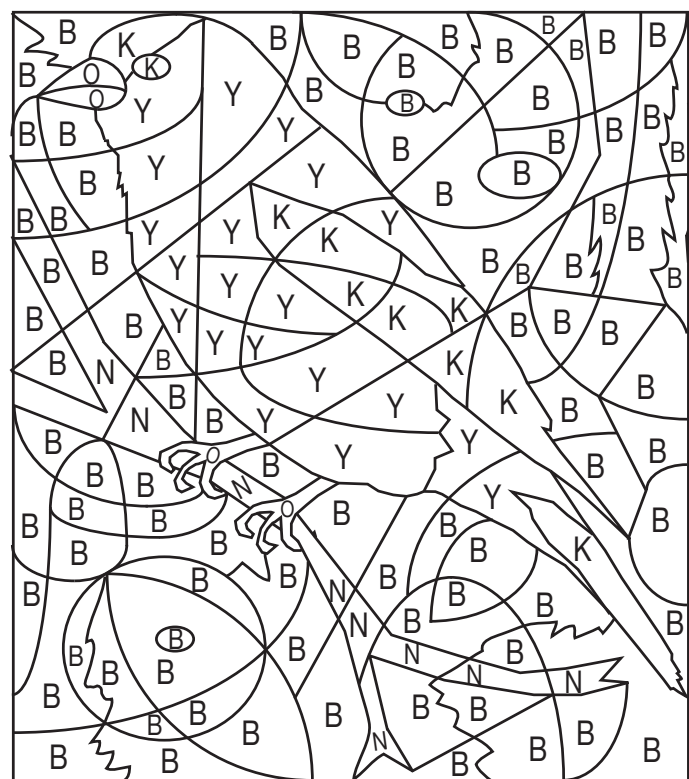


Can you find and circle 20 words that mean more than one? They often end in 's.' (Plural words)

Print new puzzles: **Our Amazing States, Animals Threatened, Words That Make Sounds** at: www.readingclubfun.com

Free puzzles

What Do You See?



Use this color key to color in the picture. What state animal is in the box?

- B = Blue
- Y = Yellow
- K = Black
- O = Orange
- N = Brown



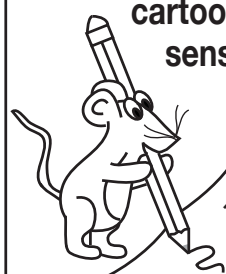
Pop Quiz!

Can you match each famous lowan below to his or her description?

- Herbert Hoover
 - Grant Wood
 - William "Buffalo Bill" Cody
 - Mildred Wirt Benson
 - Norman Borlaug
 - Ann Landers and Abigail Van Buren
- Pony Express rider, buffalo hunter, showman
 - sisters who wrote advice columns for newspapers
 - 31st President of the United States
 - Nobel Peace Prize winner, helped create hardier strains of wheat
 - artist whose picture of a one-room schoolhouse is shown on the state quarter featuring Iowa
 - she was the first writer of the Nancy Drew series

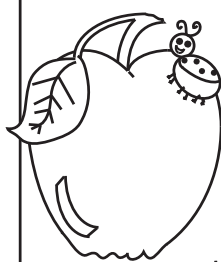
Fun Iowa Fill-Ins!

Read the cartoons about Iowa. Can you fill in the missing words so that the cartoons make sense?



vote country apple Presidential farm map

When lowans 1 _____ for 2 _____ candidates, everyone pays attention!



My favorite 3 _____ is the Red Delicious.

It was first grown on a 4 _____ in Iowa

Look on a 5 _____ to find Iowa. (Hint: it is in the middle of the 6 _____ - called the Midwest.)



Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

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654 W. Sycamore Ave. ES. Sat., 4/27, 7-11 a.m. Clothes, fishtank, furniture, misc.

To appear in next week's paper, submit your Classified Ad by Noon on Tuesday.



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Police

from page 4

April 10

Theft: 23500 BLOCK ANZA AVE Suspect(s) takes unattended property from front of residence/handgun.

Burglary-Residential: 2000 BLOCK 235TH PL Suspect(s) smashes glass of sliding door for entry, ransacks and takes property/jewelry, paperwork, cash, gun, safe.

Burglary-Residential: 4600 BLOCK DEELANE ST Suspects attempt entry, but flee when confronted by victim inside residence/ no entry, no loss.

Burglary-Residential: 2300 BLOCK MARICOPA PL Suspect(s) enters residence by unknown means while house is being fumigated and takes property/jewelry.

Theft: 23500 BLOCK CRENSHAW BLVD Suspect(s) enters business and takes property from locker in employee room/wallet, iPod, sunglasses.

Burglary-Auto: 2900 BLOCK SEPULVEDA BLVD Suspect(s) smashes window for entry and takes property/purse, camera.

Theft: 177TH ST & HAWTHORNE BLVD Suspect(s) uses unknown tool to gain access to electrical box and takes property/copper wire.

April 9

Auto Theft-All: 17000 BLOCK DELIA AVE Stolen vehicle: '94 Honda Accord.

Theft: 22000 BLOCK LADEENE AVE Suspect takes property without permission while inside residence with permission/laptop, camera, skateboard, tablet.

Burglary-Auto: 2300 BLOCK CRENSHAW BLVD Suspect(s) enters vehicle by unknown means and takes property/third row seat.

April 7

Auto Theft-All: 21000 BLOCK LADEENE AVE Stolen vehicle: '04 Ford E350. •

WEEKLY CROSSWORD See Answers Next Week

Color of Money

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | | | | | 15 | | | | 16 | | | |
| 17 | | | | | 18 | | | | 19 | | | |
| 20 | | | | | | 21 | | | | | | |
| | 22 | | | | | | 23 | | | 24 | 25 | 26 |
| | | | | 27 | | 28 | 29 | | 30 | | | |
| 32 | 33 | 34 | 35 | | 36 | | | 37 | | 38 | | |
| 39 | | | | 40 | | | | | 41 | | | |
| 42 | | | | | 43 | | | | | 44 | | |
| 45 | | | | | 46 | | 47 | | | 48 | | |
| 49 | | | | 50 | | 51 | | 52 | | 53 | 54 | 55 |
| | | | | | 56 | | | 57 | | 58 | | 59 |
| 60 | 61 | 62 | | | | | | 63 | | | | |
| 64 | | | | | | | | | 66 | | | |
| 67 | | | | | | | | | 69 | | | |

Across

- Solitaire unit
- Zip
- Saturnine
- Dress with a flare
- Hokkaido native
- Red state
- Approve
- Be that as it may
- Wizard of id
- Inscribe
- Scolding syllable
- Game piece
- Speech problem
- Caribe, var.
- Lowlife
- Catch but good
- ___ Tuesday
- Grow with natural skill
- Condition
- Gray ___
- Beams
- Draft horses
- Gull-like bird
- Place for fish and ships
- Be indisposed
- Candied

Down

- Nicolas
- Still in the game
- Split
- Concerning
- Prickly plant
- ___ cry
- Willingly
- Lifeless
- Prepare to strum
- ___ chart
- Delay
- "Bleah!"
- Came across
- He founded the Gestapo
- Certain musician
- Gulf of ___

- Kind of fire
- Costumes
- ___ Delano Roosevelt
- Spire anagram
- German industrial valley
- They can pass in the night
- Birchbark
- Throat dangler
- Paltry
- Onion's kin
- Make bubbly
- Zero
- Mum
- Warm welcomes
- Maui neighbor
- Cut taker
- "The Faerie Queene" division
- End of a ballade
- Part of a score, maybe
- Cashless deal
- Adjust for accuracy
- Hospital unit
- Certain fraternity chapter
- Destroy the interior of
- Advantages

Last Week's Answers

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| M | I | N | I | L | E | A | P | M | I | S | D | O | | |
| I | N | O | N | E | A | R | L | A | S | E | A | N | | |
| D | U | E | S | A | S | I | A | C | R | E | M | E | | |
| I | S | N | O | G | R | E | A | T | S | H | A | K | E | S |
| E | D | M | U | N | D | H | O | E | | | | | | |
| N | E | T | | | | | | | | | | | | |
| O | A | S | I | S | W | A | N | N | A | K | I | A | | |
| G | R | E | A | T | W | H | I | T | E | S | H | A | R | K |
| R | E | T | S | E | I | Z | E | S | A | Y | S | O | | |
| E | A | S | T | I | R | E | P | E | N | | | | | |
| E | A | R | W | I | S | D | O | M | | | | | | |
| G | R | E | A | T | D | E | P | R | E | S | I | O | N | |
| R | U | S | S | O | M | E | E | T | O | L | I | O | | |
| E | S | S | E | N | U | R | S | A | F | E | R | N | | |
| W | H | E | R | E | S | I | T | S | F | R | E | E | | |

SUDOKU Medium

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 3 | 5 | 9 | 7 | | |
| | 7 | | 8 | | | | | |
| 4 | | 5 | | 2 | 7 | 1 | | 9 |
| 5 | | | | | | 8 | | |
| | 1 | | 5 | | 3 | | 9 | |
| | | 9 | | | | | | 6 |
| 8 | | 1 | 2 | 4 | | 6 | | 7 |
| | | | | | 8 | | 5 | |
| | | 4 | 1 | 3 | 6 | | | |

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.



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PETSPETS Pets PETSPETS

Pets Without Partners

Adopt a “pet without a partner” and give a homeless pet a second chance in life.

Paddington suddenly found himself homeless and in a boarding kennel for almost two months when his owner died unexpectedly at the age of 45. This little one is full of sweetness and good energy...



Paddington

happy, playful and always wagging that white-tipped tail. His personality will capture you and bring you in as he casts his spell of love upon you. Paddington is spunky and full of personality. He loves to walk, ride in the car or be a lounge lizard. He really misses having an owner to love him and is waiting patiently for his next forever home. Paddington is two years old and weighs about 16 pounds. Paddington is neutered, current on vaccinations, de-wormed, microchipped, housebroken, loves everyone he meets, is great with other dogs and good with children.

Lucy is simply divine in her apricot and cream-colored coat. Although she is 11 years old, Lucy does not look or act a day over five. She has been well taken care of and cherished by her prior owner who tearfully surrendered her due to personal issues. Lucy is a love of a little girl. She has been a housedog for her entire life, has good manners and is completely housebroken. She weighs 13 pounds and was born on June 1, 2002. Lucy is ready to share adventures with you on a walk or a car ride to anywhere. She will need to be on a

grooming schedule, so remember this when budgeting for her. Lucy is spayed, current on vaccinations, de-wormed, microchipped, housebroken, loves everyone she meets, and good with children and other dogs.

To learn more about these and other wonderful dogs, visit our website at www.animalsrule.org. If a dog is on our website, it's available. Or come to our Saturday adoption events from 11 a.m. to 3 p.m. at 305 North Harbor Boulevard in San Pedro (just off the 110 near the cruise port). We are always in need of donations for veterinarian bills and our senior dogs. Donations can be made through our website or by sending a check payable to: Animals Rule Placement Foundation at 305 North Harbor Blvd., San Pedro, CA 90731. All donations are

tax-deductible. We are a registered 501©3 non-profit organization.

Saving one animal won't change the world, but the world will surely change for that animal.



Lucy

Purrrfect Companions

Add a little love with a new best friend when you adopt your purr-fect partner.

Cider is a polite little gentleman. He is always eager to meet new people, but understands that some people don't like cats crawling all over them. So instead, he'll calmly greet you and then wait for you to



Cider

take the next step. If your next step involves lots of love, he will be the happiest kitty, as he loves attention and cuddling. Then when you're ready for some feline playtime, Cider will be your cheerful, energetic play buddy. If you'd like someone to follow you with eyes that say, "Excuse me. What is it that you are doing? Can I be of any service?"--then Cider is the cat for you! Cider gets along very well with other cats. In fact, he has been known to be quite the charmer, especially with the ladies! Just like with humans, Cider loves making new feline friends, but will also respect other cats' boundaries if they prefer to keep their distance.

Simba is a kitty with a big personality! He is a very sweet, loving boy and handsome too! Simba loves to play with his kitty toys and on his cat tree. He's happy chasing his brother around the house. But this wonderful boy also really likes cuddling

with his people. Simba is a great kitty all around who is hoping to find his fur-ever human. He's ready for a happy life with lots of playtime and cuddles. If you happen to be looking for two kitties, Simba would love to bring his brother along!

These kittens/cats are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All of our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, de-wormed and current on their vaccinations. For additional information and to see our other kitties, please check our website at www.kittenrescue.org, or email us at mail@kittenrescue.org. Your tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Boulevard, #583, Los Angeles, CA 90024.

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Boulevard, just south of Manchester Avenue, and also in Mar Vista at 3860 Centinela Avenue, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location.

Be kind. Save a life. Support animal rescue.



Simba

Are You Unable to Adopt, Consider Fostering

Are you unable to adopt, but would love to have a kitty or dog in your home? Consider fostering. Children who assist with foster care learn to help an animal and feel like they have accomplished something. They learn that because of someone's irresponsibility, this pet is homeless--but they can be a solution to the problem and give back to their community. When foster families and individuals let these animals go to their new homes, they have the joy of knowing they have helped give an abandoned pet a second chance in life.

With "kitten season" in full bloom, there is an urgent need for foster parents. Whether you care for one or many, once or frequently, Kitten Rescue would love for you to become a foster parent. They offer training, guidance, medical care (if needed) and lots of moral support. Fostering brings you the rich reward of knowing you personally saved this kitty's life in providing a safe, loving home while waiting for adoption. Interested? Please email them at foster@kittenrescue.org for more information.

Every dog would love a foster home while waiting for their forever home. The more foster volunteers Animals Rule has, the more dogs it can take out of the shelter. It's a very rewarding experience. As a foster family, the dog or puppy goes into your home on a temporary basis. Everything is covered... the food, the toys, the vet bills, etc. You supply the love, allow the dog to stay with



Become a Kitten Rescue Foster.



All you do is supply the love.

you during the week and bring the pet back on Saturdays for the adoption events from 11 to 3 p.m. Stop by an adoption event or send an e-mail to info@animalsrule.org if

you are interested in fostering and Animals Rule will help you in the first step.

Some people say, "It would be too tough to let the pet go once it's in my house, I can't do it." Isn't it tougher to know that that without more foster families, a homeless pet may never have the chance for a permanent, loving home? •



Give a pet a second chance in life.

Real Estate

Simple Tips To Save Water, Money and the Environment

(BPT) - There are a number of ways to save water and they all start with you. According to the Environmental Protection Agency (EPA), the average American uses about 50 gallons of water per day at home. That means a family of four uses approximately 6,000

Approximately 86 percent of the energy used by washing machines is for heating the water. Washing with cold water eliminates 1,600 pounds of carbon dioxide emissions each year from just one household, according to the Sierra Club.

For cold drinks, keep a pitcher of water in the refrigerator instead of running the tap.

When watering your lawn or garden, it's best to do so in the morning or evening when temperatures are cooler to minimize evaporation. Also be sure to adjust sprinklers so only your lawn is watered. Be sure to

monitor your water bill for unusually high use. Your bill and water meter are tools that can help you discover leaks.

These simple tips can help you green your household in just minutes. Not only are you helping Mother Earth, you'll be saving money too. •

"The average American uses about 50 gallons of water per day at home. That means a family of four uses approximately 6,000 gallons a month."

gallons a month. The following tips can help you save water, money and the environment.

1. How To Be Green And Clean Your Driving Machine

Washing at home with a garden hose can use more than 60 gallons in as little as five minutes. Furthermore, you're putting harmful chemicals and detergents down drains and directly into your city's water supply.

You may be surprised to learn there is a greener way to keep your car sparkling: a professional car wash. A common misconception is that professional car washes waste water, when in fact the opposite is true.

2. Go Green and Keep Your Whites White

Only run the clothes washer when you have a full load. Make this habit for both your clothes washer and dishwasher, and you could save up to 1,000 gallons of water a month, according to Wateruseitwisely.com.

You get extra green points if you use cold water when washing your clothes.

3. Break Bad Bathroom Habits

Bathrooms are water hogs, accounting for about 75 percent of a home's water usage. Adopting a green mindset in the bathroom can save major water and money. Switch to a low-flow showerhead, which National Geographic says saves 15 gallons of water during a 10-minute shower. Keep the occasional bath for a special treat because the average tub takes about 70 gallons to fill, so showers are much more efficient.

Toilets are another major water-waster. The current federal standard is 1.6 gallons of water per flush, so if you have an older toilet, it's time to upgrade. By replacing old toilets with WaterSense-labeled models, the average family reduces water used for toilets by 20 to 60 percent, or about 13,000 gallons of water and \$110 in water costs per year.

4. Water Down the Drain

When washing dishes by hand, don't let the water run while rinsing. Fill one sink with wash water and the other with rinse water.



Refresh Your Home

(BPT) - Give your home a stress-free, springtime makeover:

Reclaiming Your Home's Foundation

Your flooring needs to complement your personal taste, while living up to your lifestyle in terms of traffic, household members and pets, exposure to moisture and maintenance required.

Sweat the Small Stuff

Paying attention to the details is a cost-effective and fun way to express yourself. Mirrors make a space feel larger, reflect light throughout and add a touch of panache.

The Sky's the Limit

Painting a white ceiling a very pale blue or gray to create the illusion that there is no ceiling. Or make your ceiling a major accent element that gives a dull room a bright or daring splash of color.

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